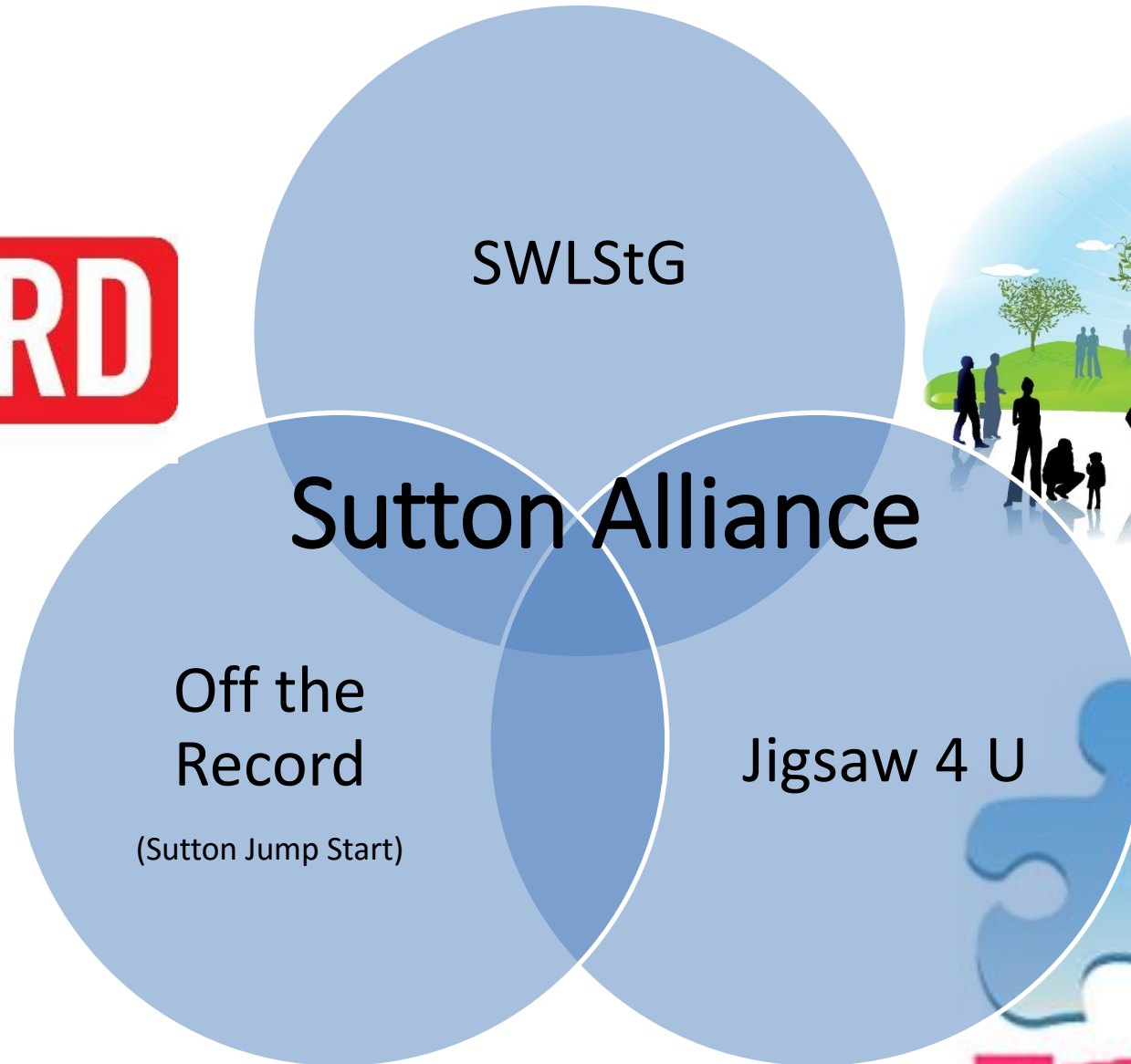


TALK TO US

OFF THE RECORD

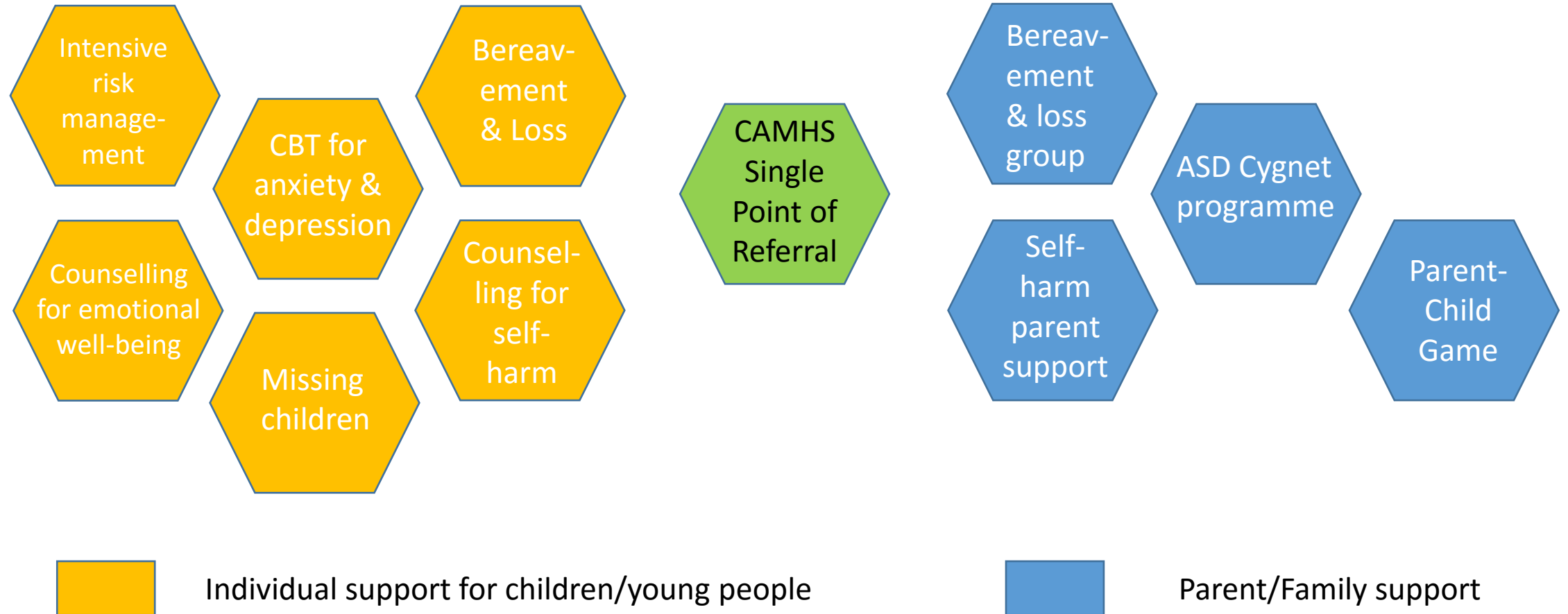


Jigsaw4u

Who/What is Sutton Alliance?

- New alliance between SWLSTG, Jigsaw4U and Off the Record to support the emotional well-being of children, young people and their families in Sutton
- Delivering brief evidence-based interventions for children and young people with mild to moderate (Tier 2) emotional well-being issues
- Experienced local organisations and clinicians, offering even more effectiveness through working together
- Local organisations known and trusted by education, health and social care professionals and by families
- Partners who have worked with Commissioners and with one another before, to meet the needs of Sutton (i.e. CYP IAPT, SPR)
- Able to deliver a whole 'joined up', safe, evidence based and effective service based on a single referral and assessment system thereby reducing risk
- Single information system, using national outcomes tools to ensure children, young people and families get the support they need when they need it

Sutton Alliance – support available



Brief Evidence-based Interventions:

- **Anxiety & Depression:** 6 sessions of individual or small-group CBT
- **Psychological Well-being:** up to 6 sessions of counselling
- **Self-Harm:** 8 sessions of individual counselling or CBT & parent support group where required
- **Bereavement & Loss:** 6-8 sessions for child/YP & 6 week family group programme
- **Parent-Child Game:** 8 sessions intensive behaviour management for parents of 3-10 year olds
- **Cygnet:** 6 session programme for parents whose child has been diagnosed with ASD
- **Missing Children at risk of Sexual Exploitation:** 6 sessions of assertive outreach inc. advocacy & mediation & additional 12 sessions for more serious cases.
- **YP at Risk:** up to 3 months intensive nurse liaison (max. 6 cases)

Accessing Sutton Alliance services

Referrals for all Sutton Alliance services (excluding Missing Children) are made via Sutton CAMHS Single Point of Referral using the existing referral form.

Referrals should be sent by secure email to SuttonCAMHSReferrals@swlstg-tr.nhs.uk
If you do not have access to secure email, please call 020 3513 3800 or Fax 020 3513 3993

All referrals will be offered an assessment within 2 weeks, then if appropriate, passed to the relevant service and will enter psychological treatment within 12 weeks.

Referrals for Missing Children will be taken direct from the Police/MASH.

Safeguarding – Sutton Alliance

- All immediate safeguarding concerns should be referred to the MASH
- Each member agency has its own safeguarding procedures and will continue to follow these for the cases being worked with
- The SPR is for new referrals and enquiries only.

Working in Partnership

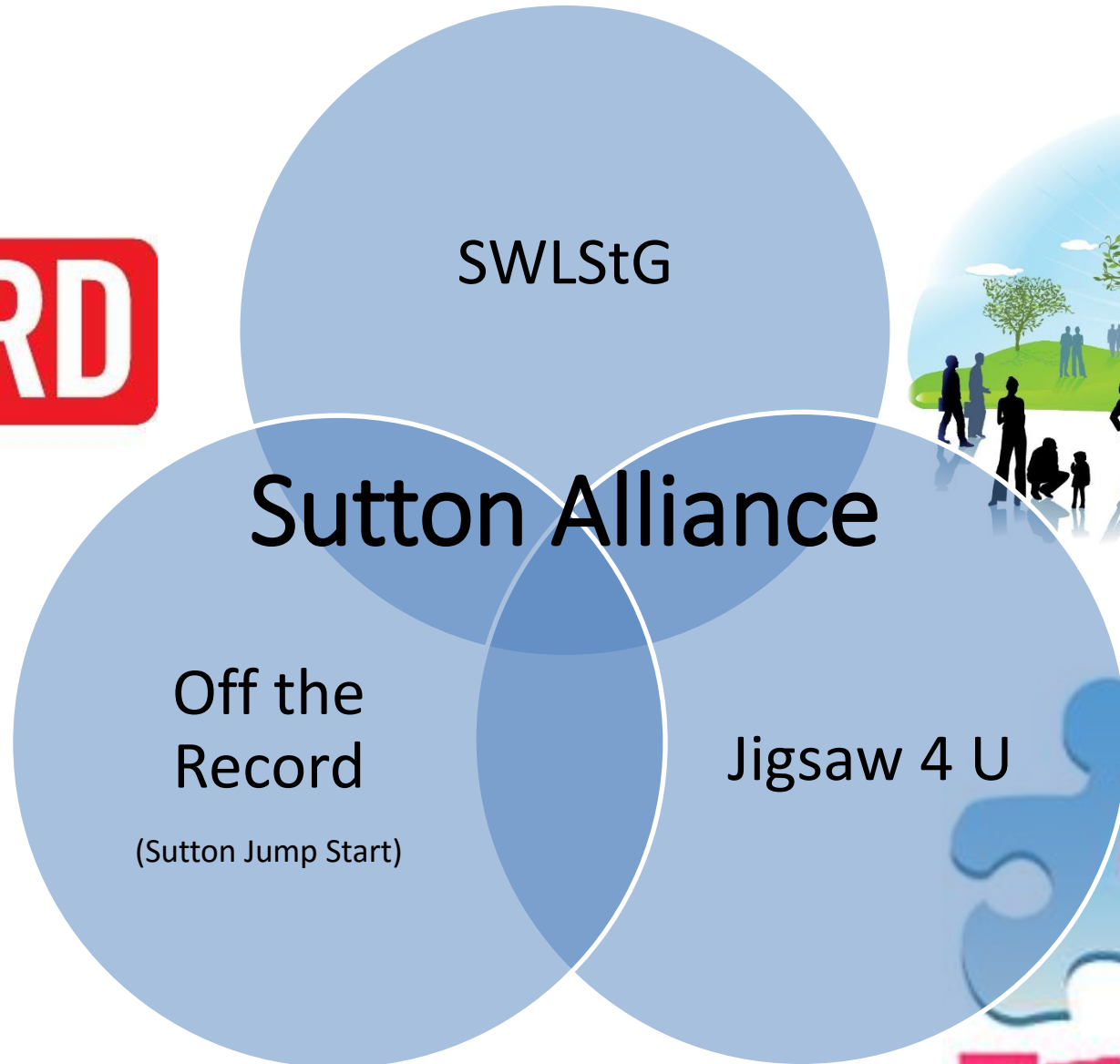
- Sutton Alliance is committed to working in partnership with children, young people, families and local professionals in the design and delivery of our services.
- We will deliver a range of services focussed around the needs of children/young people and families ensuring support is delivered how and when it is most effective
- The Alliance will also offer termly workshops for professionals around mental health issues



Example of a Bus Stop campaign designed entirely by young service users in the IAPT service

TALK TO US

OFF THE RECORD



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