

“No-one told us it was going to be like this”

HELPP Guest Speaker Laura Kerbey:
10:30am – 12pm, 29th March 2019

See Laura’s work at positiveautismsupportandtraining.co.uk

PARENTING CARERS
SUPPORT RELATIONSHIPS
FATIGUE TRAUMA
ANXIETY FEAR
ISOLATION BURNOUT
STRESS RELENTLESS
PAIN WORK CARE
FAMILY BREAKDOWN

At Holy Trinity Church, Maldon Road,
Wallington, SM6 8BL

